

IV ANESTHESIA INSTRUCTIONS



RANGE VIEW
Oral & Facial Surgery

2998 GINNALA DRIVE, SUITE 102
LOVELAND, CO 80538

DO'S AND DON'TS:

FOOD & DRINK:

- **DO NOT EAT OR DRINK ANYTHING 8 HOURS** prior to your scheduled surgery.

MEDICATIONS:

- Only take what Dr. Auble has authorized
- Only take pre-arranged meds with small sip of water.
- If you have asthma **please bring your inhaler(s) with you on the day of surgery.**
- If you are diabetic and have a glucometer, please bring this, your test strips, and your lancet to your appointment.

ESCORT:

- You must have someone drive you to your appointment and drive you home.
- You cannot take a taxi, Uber, bus, etc.!
- Your escort must remain in office during surgery.
- Your escort must remain with you for 6 hours following surgery for your safety.

CLOTHING:

- Please wear loose fitting clothing with short sleeves.
- NO flip-flops, sandals, clogs or other footwear that is loose-fitting
- Leave jewelry, phone, purse at home
- Ladies with long hair please put hair into a bun or high ponytail
- Please refrain from using body lotion on the day of surgery (interferes with EKG reading)
- Do not wear make-up, chap-stick, nail polish, contacts lens, pull over sweaters

HOME CARE AFTER ANESTHESIA:

- **Remove all gauze before resting/sleeping at home. Unremoved gauze can cause airway obstruction and lead to serious injury or death!**
- No alcoholic drinks for 24 hours
- No driving for 24 hours
- Be aware that 30 minutes after your first meal/snack you may notice sleepiness, dizziness, tiredness. These are normal effects.

Individualized Medication Plan

For: _____

Do NOT take ANY medications the morning of the surgery.

Take ONLY your prescribed anti-anxiety medication 30 min prior to your scheduled appointment time with a small sip of water.

Take ONLY the following blood pressure medications:

Take your insulin as follows:

Night before surgery:

Morning of Surgery:

Take the following medications per our conversation:

Please call (970) 669-4802 if you have any questions!

Revised 11/15/2017